



Media Statement

1 Midland Square, Midland, Western Australia 6056
Tel: (08) 9273 7373

5 March 2009

More than \$2000 was raised for a Midland women's support group at Landgate's annual International Women's Day breakfast held today at Caversham House.

More than 130 people attended to hear guest speaker Ms Barbara Etter and to generously donate to the Midland Women's Health Care Place (MWHCP).

MWHCP provides a range of health services to women and today's event will benefit the 'Women Recovering' program, a service that helps women suffering Post Traumatic Stress Disorder as a result of being a victim of crime.

The money will be put towards women attending MWHCP's Women Without Limits Weekend Retreat in September this year.

A group of 25 women whose lives have been traumatised as victims of crime will have the opportunity to challenge their barriers and go beyond their boundaries in a series of activities and events involving abseiling, high rope walking, theatre games and archery.

Ms Etter, Assistant Commissioner of Corruption Prevention and Investigation with the Western Australian Police Force used her recent experiences at the 3rd International Women's Conference held in India as the basis for her keynote speech "The Spice of Life".

Ms Etter spoke of the need for new perspectives when approaching 'work-life' balance.

Today's breakfast was the 13th hosted by Landgate and its predecessors.

Executive Director Meg Somers said Landgate saw the annual event as a great opportunity to recognise and celebrate the contribution women make to the workforce and community.

"This year, the breakfast offered an opportunity to highlight our commitment to the community that we work in," Ms Somers said.

"MWHCP is doing a wonderful job helping women suffering as a result of their experiences and we are honoured to be able to help in a small way."

MWHCP Manager Patsy Molloy thanked Landgate and all attendees and spoke of how Post Traumatic Stress Disorder can affect victims of crime.

"The disorder is a set of reactions that develop in people who have experienced or witnessed an event which threatened their life or safety, or that of others around them and leads to feelings of intense fear, helplessness or horror."

International Women's Day was celebrated in WA for the first time on March 13, 1936. It was recognised by the United Nations in 1957 and is celebrated universally on March 8.

Contact: Landgate 9273 7373